[It is recognized that students should seek mentorship from multiple individuals/organizations. This mentoring map is a tool that can be used to map your current mentoring network, identify your unmet needs, and help plan how to expand your existing network. Some UNM organizations are listed, if you would like your organization listed please get in touch with grad.unm.edu]

## **GRADUATE STUDENT MENTORING MAP**

Name:

Dept/Program:

## **PROFESSIONAL**

#### **Advising**

**ACADEMIC** 

Individuals who provide guidance on course selection, degree and program requirements, and milestones

# Program/Project-Specific Guidance/Feedback

Individuals who provides guidance/feedback on research and scholarship activities (primary mentor, committee on studies, etc)

#### Sponsorship/Access to Opportunities

Individuals who provide connection to opportunities in teaching, fellowships, speaking engagements, internships, etc.

## **WELL BEING**

### **Personal & Emotional Support**

Individuals/groups/organizations that are supportive of your mental and physical well-being (family, friends, book club)

#### **Accountability**

Individuals to help you align your time with your priorities (are you focusing on what really matters)

### Safe Space

Individuals you trust or environment where you can process, recover, and recharge

### **Professional Development**

academic and career development, workshops Graduate Support at the UNM CTL Graduate Teaching Academy

### **Career Development/Guidance**

Individuals who provide support for job planning and preparation (application review, interview preparation)
Office of Career Services

## **Intellectual Community**

academic, social, cultural, and emotional support

PNMGC

Faculty-Graduate Mentoring Program African American Student Services American Indian Student Services El Centro de la Raza

Global Education Office LGBTQ Resource Center

Women's Resource Center

GRADUATE STUDIES